

WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS

WAKO.SPORT

WAKO

PULSE
NOVEMBER 2020

2020

NOVEMBER 30TH
INTERNATIONAL
KICKBOXING DAY

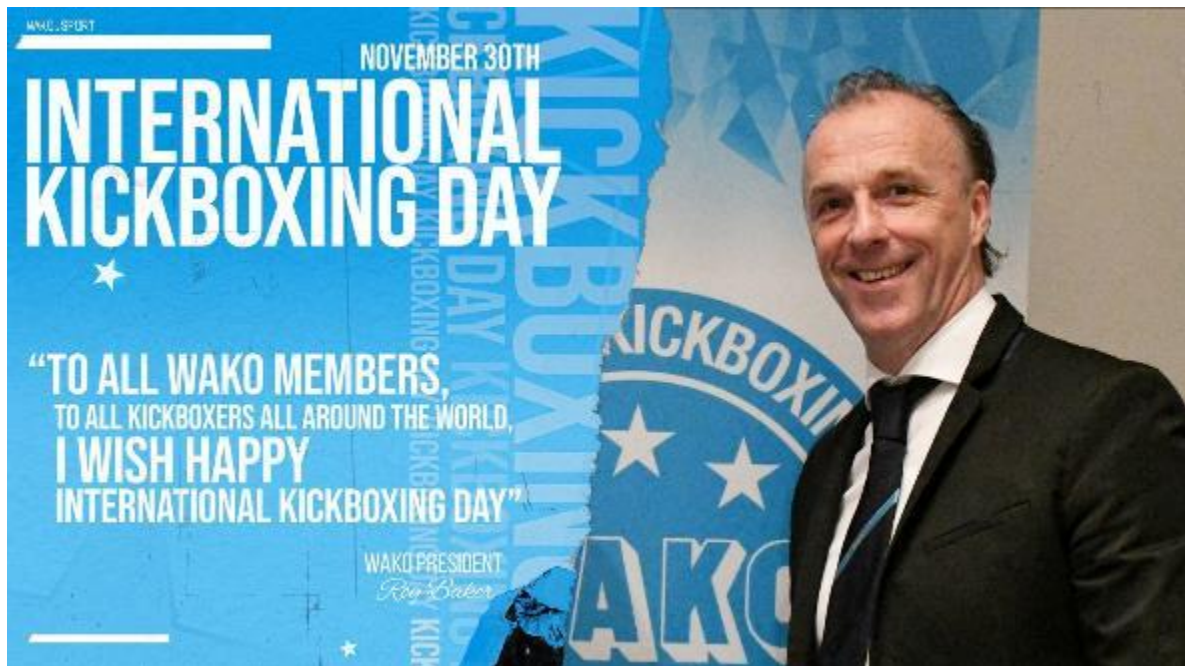
PRESIDENT'S MESSAGE

The world of Kickboxing is in celebration on the 30th of November, it is the day of the provisional International Olympic Committee recognition of WAKO. On this day, we want, with all the power and to the most, to promote values of our sport. Those values gather kickboxers from each club all over the world, to one WAKO family.

Unity, friendship and respect is needed today more than ever.

"It is our members federations' positive reaction to adversity, not the adversity itself that determines how our sport will grow in the future and it will grow, of that I am sure. No matter how difficult the situation may appear, it does not entirely own us. It can't take away our freedom to respond, our power to act, our passion and commitment for and to our sport. We will prevail, we are WAKO and WAKO is Kickboxing. I congratulate to all on the International Kickboxing Day".

Roy Baker, WAKO President



The interview with President Roy Baker on the occasion of the International Kickboxing Day can be viewed at the following [LINK](#)



WAKO CALENDAR 2020 - CORRECTIONS

|         | | | | |
|---|-----------|---------|---|-------------------------------|
| WAKO CALENDAR 2020 | | | | Revision / edition 27-11-2020 |
| WAKO Class | Date From | Date to | Name | Country |
| November 2020 | | | | |
| Postponed | 4 | 8 | 2nd International Jordan Open Kickboxing Tournament (K-1, FC, PF, LC) and Referee Seminar | Jordan |
| Cancelled | 6 | 7 | 37th SLOVENIA OPEN | Slovenia |
| Postponed | TBC | TBC | 11° Pan American Championship | Brasil |
| Cancelled | 13 | 22 | WAKO Cadets & Juniors World Championships (All disciplines) | Serbia |
| Cancelled | 19 | 22 | Spain International Open | Spain |
| B | 20 | 22 | Serbian Open (WAKO European Cup) | Serbia |
| B | 26 | 28 | WAKO K1 World Grand Prix | Czech Rep. |
| December 2020 | | | | |
| Postponed | 5 | 5 | World Games - test event (USA Vs World) | USA |
| Cancelled | 5 | 6 | Heroes of Hamburg | Germany |
| Cancelled | 5 | 13 | WAKO Senior&Master European Championships (All disciplines) | Turkey |
| WAKO ASIA | 8 | 13 | Bangabandhu Asian Kickboxing Confederation Cup 2020 | Bangladesh |
| C | 12 | 13 | WAKO European Clubs K-1 Cup | Estonia |

Provisionally CONFIRMED TOURNAMENTS 2021

| | | |
|---|--|-------------|
| 22nd - 24th January 2021: | GOLDEN GLOVE (WAKO European Cup), Italy | - CANCELLED |
| 3 rd - 7 th February 2021: | 2 nd INDIAN OPEN CUP, New Delhi, India | - CANCELLED |
| TBD: | ATHENS CHALLENGE, Athens, Greece | - POSTPONED |
| 19 th - 21 st February 2021: | SLOVAK OPEN 2021, Bratislava, Slovakia | |
| March 2021: | WAKO IF DEVELOPMENT WORKSHOP FOR NFs, Panama | |
| 4 th - 7 th March 2021: | IRISH OPEN (WAKO World Cup), Dublin, Ireland | - CANCELLED |
| 19 th - 21 st March 2021: | SERBIAN OPEN 2021 (WAKO European Cup), Belgrade Serbia | |
| 27 th - 28 th March 2021: | YOKOSO DUTCH OPEN, Amsterdam, The Netherlands | |
| 8 th - 11 th April 2021: | 6 th TURKISH OPEN (WAKO European Cup), Antalya, Turkey | |
| 24 th - 25 th April 2021: | POINT FIGHTING CUP, Castellanza, Italy | |
| 20 th - 22 nd May 2021: | AMERIKICK INTRERNATIONALS, Atlantic City, USA | |
| 21 st -30 th May 2021 | 6 th ASIAN INDOR AND MARTIAL ARTS GAMES (AIMAG), Bangkok /Pattaya, Thailand | |
| 13 th - 16 th May 2021: | HUNGARIAN WORLD CUP (WAKO World Cup), Budapest, Hungary | |
| 28 th - 30 th May 2021: | KARLOVAC OPEN 2021 (WAKO European Cup), Karlovac, Croatia | |
| June 2021: | WAKO IF DEVELOPMENT WORKSHOP FOR NFs, Singapore | |
| 10 th - 13 th June 2021: | BESTFIGHTER (WAKO World Cup), Rimini, Italy | |
| 1 st - 4 th July 2021: | THE AUSTRIAN CLASSICS (WAKO World Cup), Innsbruck, Austria | |
| 23 rd - 27 th July 2021: | EUROPEAN UNIVERSITY GAMES, Belgrade, Serbia | |
| 13 th - 22 nd August 2021: | WAKO CADETS & JUNIORS EUROPEAN CHAMPIONSHIPS, Gyor, Hun | |
| 10 th - 19 th September 2021: | 5 th ISLAMIC SOLIDARITY GAMES, Konya, Turkey | |
| 26 th - 27 th September 2021: | FLANDERS INTERNATIONAL KICKBOXING CUP, Beveren, Belgium | |
| 5 th - 14 th November 2021: | WAKO SENIOR & MASTER WORLD CHAMPIONSHIPS, Moscow, Russia | |

THE WORLD GAMES - 2022.

7th - 17th July 2022: WORLD GAMES, Birmingham (Alabama), USA

All information about THE WORLD GAMES 2022 - www.twg2022.com

FUTURE ACTIVITIES

| | |
|-------------|---|
| 2022 | Cadets & Juniors WC (All disciplines) in Belgrade; Serbia |
| 2022 | Senior EC (All disciplines) in Antalya, Turkey; |
| 2023 | Cadets & Juniors EC (All Disciplines), Izmir, Turkey; |
| 2023 | Senior WC (All Disciplines), Dublin, Ireland |
| 2023 | July 17.-20. EUSA Combat Games, Zagreb Croatia |
| 2024 | Cadets & Juniors WC (All disciplines) in Hungary |
| 2024 | EUSA Games, Hungary |
| 2024 | Senior EC (All disciplines), Athens, Greece |

Be a warrior
it's
Your Choice!

#ONEWAKO

#ONECHAMPION



Very productive workshop on November 18th organized by IWGA The World Games where WAKO participated with its representatives: technical director **Romeo Desa**, Live stream officer **Danny Slevin** and Media officer **Marijana Pelević**

The IWGA President Jose Perurena gave an introduction speech and media and marketing managers of TWG BHM 2022 were discussing about challenges in their work in 2020. Despite the cancellations of the sponsorships, international sport events and reduction of the spectators at the field, the most important conclusion after many researches was that motivation of the athletes was not jeopardized in any way.

The World Games will be held in Birmingham, Alabama, USA in 2022. WAKO kickboxing has been included in the official programme of the sport festival.



Situation of international sport events 2020

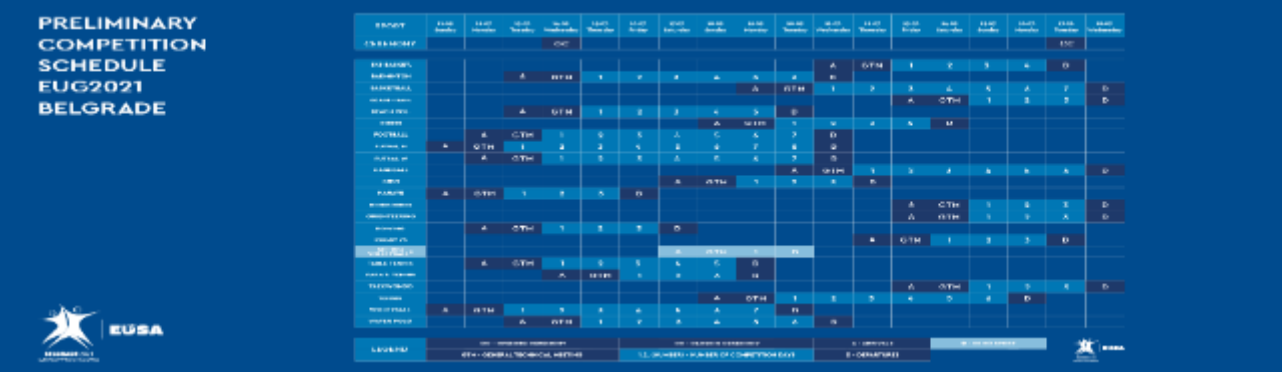
2. Postponed to 2021/2022

- Football EURO (12 nations)
- Tokyo 2020 Olympics
- UEFA EURO 2021 Women's championships (to 2022)
- World Athletics Championships in Oregon, USA (to 2022)
- Aquatics World Championships in Fukuoka, Japan (to 2022)



EUROPEAN UNIVERSITY GAMES - 2021.

KICKBOXING TOURNAMENT: 23rd - 27th July 2021.



PRELIMINARY COMPETITION SCHEDULE EUG2021 BELGRADE

LINK TO SCHEDULE

Important news for all European kickboxing federations:

Registrations for next year's 5th edition of the European Universities Games in Belgrade, Serbia re-open this Sunday, November 1st. Contact your National University Sports Association or visit eug2021.eu for all the registration details. The brochure with an invitation letter with all instructions was sent to all European national federations.

Meetings of WAKO Europe and EUSA representatives were held regarding the preparation and organization of EUSA Games Belgrade 2021.



Fruitful meeting held between WAKO Europe and EUSA

An online meeting between the WAKO European Kickboxing Federation and the Sports Department of the European University Sports Association was held on Tuesday, November 24, as the two partner organisations discussed their respective activities.

WAKO Europe and EUSA have been official partners since 2017, when a Memorandum of Understanding was signed between the two organisations on this very day, November 25, three years ago.

The virtual meeting allowed both EUSA and WAKO Europe to inform each other on their activities as well as future plans, ensuring each organisation was up to date with their partner's events.

Present in the meeting on behalf of EUSA was Sports Manager Mr Besim Aliti and Sports Assistant Ms Lea Medvesek; WAKO Europe Secretary General Mr Srdjan Bugarcic as well as WAKO Technical Director and EUSA's Technical Delegate for Kickboxing, Mr Romeo Desa.

Following introductions from both federations, EUSA's upcoming programme was discussed, following which an update was given regarding the fifth edition of the European Universities Games taking place in Belgrade, Serbia in July next year, where Kickboxing will feature as one of the official sports at the Games for the very first time.

The very first European Universities Kickboxing Championship took place in Zagreb, Croatia in 2019, with an impressive 237 participants from 101 different universities taking part in the maiden EUSA Kickboxing competition.

Upcoming milestones were then discussed, as dates for inspection visits, confirmation of venues and further meetings were agreed upon, after which the topic of conversation revolved around the current global COVID-19 pandemic, with possible adaptations and solutions to future events considered.

Both organisations will continually support and engage with each other in future events and activities while promoting Kickboxing among students in Europe, especially considering that registrations for next year's Kickboxing competition at the European Universities Games are currently open.

Interested participants should contact their National University Sport Association, or visit www.eug2021.eu. For more information about WAKO Europe and their activities, please visit www.wakoeurope.com.

WAKO IF Board meeting



WAKO Board Meeting - online Thursday, November 12th, 2020

15:00 pm – 17:00 pm

Important decisions:

- Preparation for next on-line General Assembly Dec 13th.
- Report on the submitted application for Olympic recognition
- Revision on Budget 2020
- Revision on Budget 2021

WAKO IF Committees meetings

Meeting of the Chairs of all WAKO IF Committees - November 27, 2020.



WAKO IF Athletes Committee





2020 NOVEMBER 30TH

INTERNATIONAL KICKBOXING DAY

WAKO4YOUTH
EMPOWER, ENCOURAGE, EDUCATE

WAKO, SPORT

INTERNATIONAL KICKBOXING DAY

30TH NOVEMBER 2020

WE ARE WAKO

RESPECT YOUR BODY
AND IT'S LIMITS

BE THE BEST YOU CAN BE

WAKO, SPORT

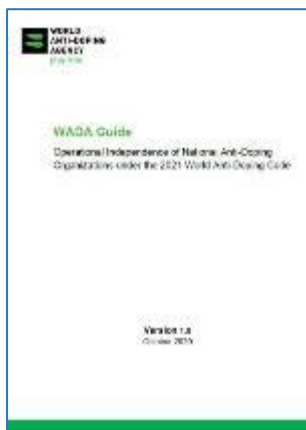
INTERNATIONAL KICKBOXING DAY

NOVEMBER 30TH - 2020

MOTIVATED TO WIN



The World Anti-Doping Agency (WADA) has published a [Guide for the Operational Independence of National Anti-Doping Organizations \(NADOs\)](#) that will support them in strengthening and reinforcing their operational independence as required by the [revised World Anti-Doping Code \(Code\)](#) that was approved in November 2019 and comes into force on 1 January 2021.



Following an exhaustive consultation process, Article 20.5.1 of the 2021 Code will ensure that [NADOs](#) are independent from sport and government in their operational decisions and activities by prohibiting any operational involvement by anyone who is at the same time involved in the management or operations of any International Federation, National Federation, Major Event Organization, National Olympic Committee, National Paralympic Committee, or Government department with responsibility for sport or anti-doping.

Responding to a number of requests from NADOs, this Guide outlines the regulatory and practical measures that should be in place to ensure they can comply with the 2021 Code when it comes into force. The Guide is made up of two parts. Part one sets out mandatory provisions that are found in the Code and that will be monitored by WADA for the purposes of compliance.

Part two sets out recommended aspects that NADOs are encouraged to adopt as best practice, providing examples of how these measures can best be implemented.

During the drafting process, the Guide was shared with [WADA's NADO Advisory Group](#), representatives of the Monitoring Group of the Anti-Doping Convention of the Council of Europe, as well as three [Regional Anti-Doping Organizations](#) for review. Feedback received was incorporated into the final version of the document, which was presented to the independent [Compliance Review Committee \(CRC\)](#) at its meeting in [early October](#). The CRC welcomed the development of the Guide and supported WADA's efforts in clarifying the requirements of NADO operational independence to its stakeholders.

In addition to this Guide, WADA will provide assistance and develop practical tools to support NADOs in enhancing their operational independence. This includes a comprehensive webinar on the topic, which is scheduled for December.

For further information on the Guide, please contact WADA at WADAProgramDevelopment@wada-ama.org.

The members of the WAKO Health, Medical and Anti Doping Committee are available for clarifications, in case of need please contact: axia.ss@hotmail.it

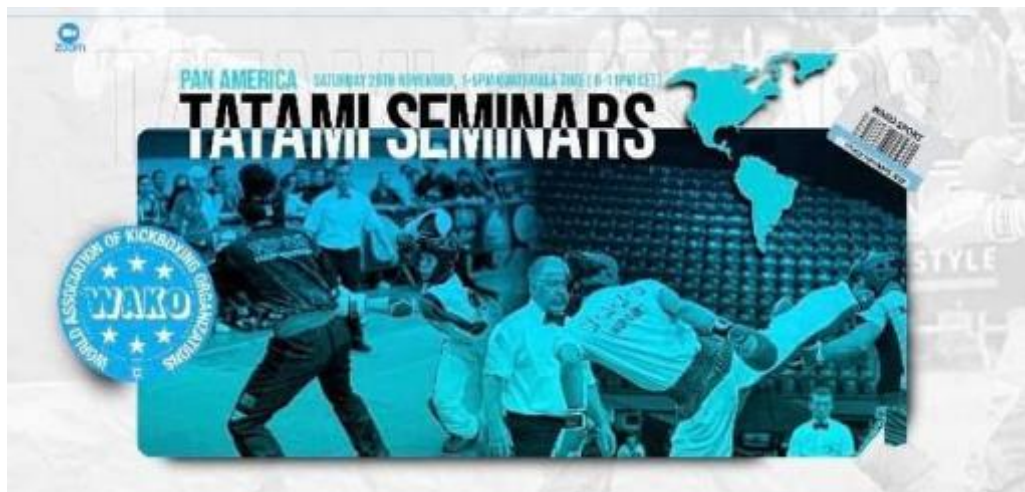
THE IMPORTANCE OF COOPERATION

Every case of Doping within our Federation represents a loss of reputation and credibility, and prevention is key. In order to achieve this goal, a strong cooperation between WAKO IF and all the affiliated National Federations is crucial and required by rules. As an example, the new WAKO Antidoping Rules specifically describes in the article n.18 how all the National Federations are required to cooperate and support WAKO in its fight against Doping, on multiple levels (especially Education). While, on the other hand, the new Rules also state that sanctions (which include banning and fines) will be imposed on National Federations that fail to comply, assist and support WAKO in its Antidoping Program and strategies.

We strongly encourage all NF to disclose to WAKO IF every case of Antidoping Rule violation; additionally, it is always useful to keep the WAKO Medical Committee informed and update about Education strategies in use in the country. Ultimately, situations at risk of Doping should be also reported to the Integrity Panel, in order to facilitate appropriate actions.

[Link to WAKO Antidoping Rules](#)

Dr. Gianlorenzo Daniele
WAKO Antidoping Officer





ASIA DECEMBER 6TH, 5PM ASIA TIME (7AM CET)
TATAMI SEMINARS
TATAMI SEMINARS

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STYLE

zoom



OCEANIA 29th Nov 6PM OCEANIA TIME (5AM CET)
TATAMI SEMINARS
TATAMI SEMINARS

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STYLE

zoom



AFRICA DECEMBER 12TH, 5PM SOUTH AFRICAN TIME (4PM CET)
TATAMI SEMINARS
TATAMI SEMINARS

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 WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS

STYLE

zoom

WAKO EUROPE

ACTIVITIES IN NOVEMBER



Austria



**Historic premiere:
Sport Austria Finals 2021 in Graz**

14 locations, 213 competitions, 639 medal decisions and 3000 athletes: The first edition of the Sport Austria Finals will be a superlative sports festival, at which around 20 red-white-red sports associations will determine their Austrian champions from June 3 to 6, 2021 in Graz!

Öbfk - The Austrian Kickboxing Federation will take part in this great sport event.



November 7-8. 2020.

On the weekend, the top athletes of the ÖBFK started preparing for the Kickboxing year 2021 with the workshop "KickOff2021" including training planning for the next Meso cycle.

Under the leadership of Federal Coaches **Ivan Kulev** and **Michael Gerdenitsch**, Sports Director-Ring **Rainer Gerdenitsch** and the squad athletes trained divided into three groups PF, LC+KL and Ringsport. At the Austrian Sport Resort 2021 the course has been set for a hopefully successful year 2021



Bosnia and Herzegovina

NATIONAL KICKBOXING CHAMPIONSHIP

HELD on November 7. 2020 - National Kickboxing Championship of Bosnia and Herzegovina was held in Tešanj. The disciplines in this part of the championship were Kick light and Low kick.

The technical organizer of the championship, C.B.S. "Tešanj" led by Mr. **Alija Ogrić**, with maximum adherence to all recommendations and preventive measures, successfully and at an enviable level realized the competition.

23 clubs with 153 registered competitors participated in the championship.

The most successful club in Low Kick:

K.B.V. Flek Tom-Cat from Tuzla

The most successful club in Kick light:

K.B.S. Titanium from Usora



Bosnia and Herzegovina



Bulgaria

November 2-6, 2020.

The national kickboxing team held a 9-day camp. Another camp of the national team of the Bulgarian Kickboxing and Muay Thai Confederation has ended. **The 9-day training took place** at the Sport palace seaside base. It included **30 Bulgarian fighters**, mainly from the ring discipline, and there were two additions from the tatami styles. More kickboxers received a call, but some of them failed to respond due to personal reasons and complicated by the epidemic situation.

The program included two daily training sessions, and the classes were led by one of the selectors of the team **Vladimir Valev**. A **10-round sparring match was also held on Friday, November 6th**

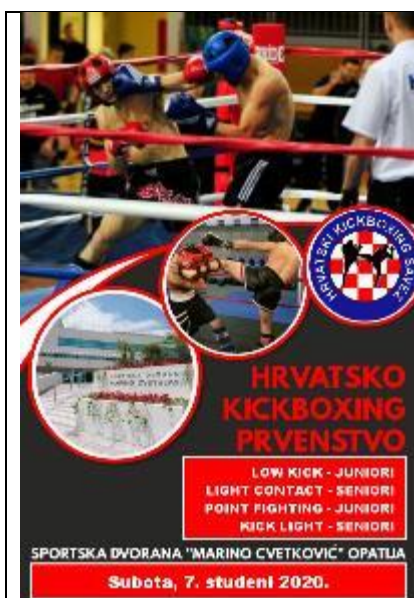
During the camp, an anti-doping seminar was organized for all participants





Bulgaria

THE NATIONAL CHAMPIONSHIPS OF KICKBOXING IN K1Style IS CANCELLED. planned for November 20-22.11.2020
At the request of the hosts of KS Patriot and in connection with the extremely high incidence growth in the city and in order to protect the life and health of all BCMT ESC cancels the planned National Championship.



Croatia

All Croatian national championships by the end of 2020 were cancelled due to the Covid-19 epidemiological situation.



Local kickboxing tournament "Croatia Open" 2020,

under special epidemiological measures and with a reduced number of participants will be held on December 5 in city of Split.

ACTIVITIES OF THE FRENCH FEDERATION OF KICKBOXING (FFKMMDA)

Due to the second lockdown in France during November, all events were cancelled, and clubs were closed. Doing so, the Federation installed some activities to entertain its members.

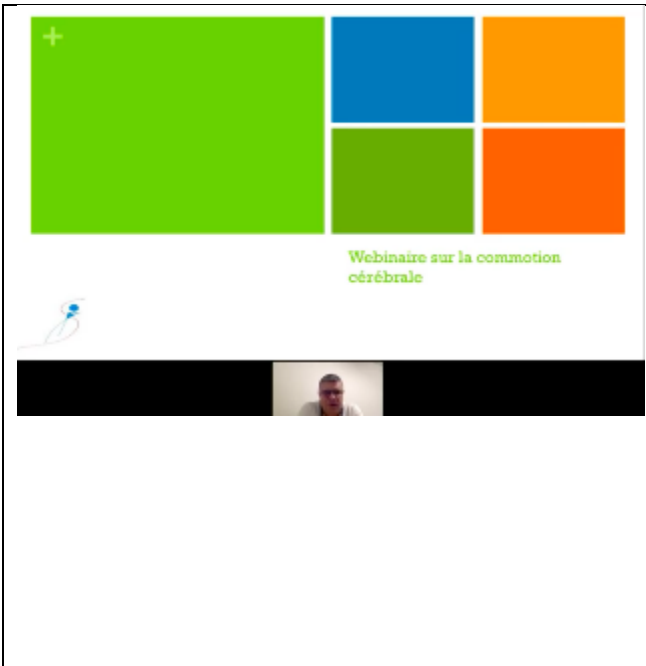
Firstly, quizzes. Each Tuesday, a new quiz was created and published. Week 3 focused on Kickboxing. Through 10 questions, players were asked to find the right answer. Up to 400 people participated this week. Those quizzes helped us to know the knowledge of our members about the disciplines, the board members or even the manifestations organized by the federation itself or by the world federations.

Then, each Thursday a webinar was set in place. Various subjects were discussed such as concussions and its impacts on athletes or the manner to prepare physically and mentally before a training or a competition.

Those webinars were animated by professionals through the platform Livestorm. Since the beginning, up to 200 people have been present during the live show. At the end of each session, we downloaded the video and published it on our YouTube page for those who wanted to review it and those who were interested but absent at the time.

And the third activity organized was live training sessions. As clubs were closed, we needed to make sure at least few of our members still have training. Both for their mental and physical health because we all know that a lockdown can have some repercussions on people's health. Those live trainings were organised through the platform Zoom and then, we diffused it on our Facebook page live. Those sessions were animated by athletes and coaches from the federation. To name some, we had Jean-Luc Kitoko, Julina Nilusmas or even Mohamed Galaoui.





France

The activity of the federation was not totally down, in fact, some formations still happened. The goal of those courses is to study how to become a coach, either a professional one or a federal one. Some formations could be face to face and others had to be virtual. To sum up all of the formations that took place this month, we had: 8 federal formations from which 3 took place virtually. 169 people registered and 4 sports centres were used for the face-to-face courses, Houlgate, Eaubonne, Wattignies and Besançon.

About the professional formations, which lead people to be remunerated unlike the federal diploma, 76 candidates enrolled in the formations who took place in various sports centres such as Eaubonne, Aix en Provence and Montpellier.

Germany

BT Meeting 15.11.2020

Our federal trainers were happy about a good conversation and discussion atmosphere at yesterday's online meeting.

The following topics were discussed:

- Digital communication between athletes and BT as a basic communication base during Corona
- DaLid care till end of November
- Provisional annual planning for 2021 (e.g. squad training) with variances, in order to be able to respond spontaneously to the current situation.
- Use performance diagnostics, e.g. torso force test in Q1 2021
- further expand and expand online offers in the disciplines. resume again
- Maintenance of the TTB (training diary), checks set
- planned training by Martin Albers social media & BT





Germany

WAKO Germany's message to all sports fans all around the world

- Всем любителям спорта со всего мира, всем сердцем желаем, что вы все пережили время короны здоровыми! 🌟
- Сви љубители спорта широм света, желимо свим срцем, да сте сви здраво прошли време Короне! 🌟
- Dünyadaki tüm spor hayranları, tüm kalbimizle diliyoruz Corona zamanını sağlıklı atlattığınızı! 🌟
- Tutti gli appassionati di sport in tutto il mondo, desideriamo con tutto il cuore, che tutti voi riuscirete a superare il periodo Corona in buona salute! 🌟
- Toçi fanii sportului din întreaga lume, ne dorim din toată inima, că treceți cu toții prin timpul Corona sănătos! 🌟
- Alle sportfans over de hele wereld, we wensen met heel ons hart, dat jullie allemaal gezond de Corona-tijd doorkomen! 🌟
- Όλοι οι φίλαθλοι σε όλο τον κόσμο, ευχόμαστε με όλη μας την καρδιά ότι όλοι περνάτε από το Corona χρόνο υγιές! 🌟
- Katoa nga kaiwhaiwhai hakinakina puta noa i te ao, hiahia matou me o matou ngakau katoa, kia ora koutou katoa i te wa Corona hauora! 🌟
- Wszyscy fani sportu na całym świecie, z całego serca życzymy, że wszyscy przetrwacie czas Corona zdrowo! 🌟
- Tous les amateurs de sport du monde entier, nous souhaitons de tout notre cœur, que vous traversez tous le temps Corona en bonne santé! 🌟
- A világ minden sportrajongója, teljes szívünkben kívánunk, hogy mindannyian egészségesen átvészelitek a koronai időt! 🌟
- Todos los fanáticos de los deportes de todo el mundo, deseamos con todo nuestro corazón, que todos pasen el tiempo de Corona sanos! 🌟
- 世界中のすべてのスポーツファン、私たちは心から願っています、コロナの時間を健康に過ごしましょう! 🌟
- Të gjithë adhuresit e sporteve në të gjithë botën, urojme me gjithë zemer, që të gjithë e kaloni kohën e Koronës të shëndetshëm! 🌟
- Всички фенове на спорта по света, пожелаваме с цялото си сърце, че всички вие преминавате през времето на Корона здрави! 🌟
- جميع عشاق الرياضة حول العالم، نتمنى من كل قلوبنا جيدة! 🌟 أن تمرأ جميعاً بوقت كورونا بصحة،
- Alla sportfans runt om i världen, vi önskar av hela vårt hjärta, att ni alla kommer igenom Coronatiden friska! 🌟



Germany

Congratulations on your anniversary, **Peter Zaar**!

30 years of national coach of WAKO-Germany

We thank you for your tireless commitment, your fighting spirit, your reliability and support - your piece of life's work for WAKO!

To thirty more years!

WAKO President **Roy Baker** joins in the congratulations.

*"Coaches, persons, friends like **Peter Zaar** make WAKO a successful sports federation and WAKO as a big family. Thank you Peter for all your contribution and for everything you have done to develop kickboxing in Germany and in the world and I am looking forward to cooperate with you on our next kickboxing tournaments all around the world"*

WAKO GB

Zoom Training Session

Open to all clubs

Sunday 15th November
11.00am start



Points Fighting

Full Contact



Light Contact

Kick Light, K1

To register for the upcoming open session please contact WAKO head office for further details.

Email: office@wakogb.com

Website: wakogb.com

Great Britain

Sunday 15th November saw WAKO GB run a free and open training session for Kickboxers across the UK.

National coaches from all disciplines came together to deliver another fantastic session.

Thank you to everyone that took part, it's great to see so many people coming together during this difficult time. Stay strong, stay fit, we will get through this.



COVID19 Guidance for kickboxing activity in ENGLAND



LOCAL COVID ALERT LEVEL
MEDIUM

Classes and organised adult sport can take place outdoors, but must follow the rule of six indoors.

Organised activities for elite athletes, under 18s and disabled people can continue.

Athletes from the same household or bubble do not have to socially distance.

LOCAL COVID ALERT LEVEL
HIGH

Classes and organised adult sport can take place outdoors, but cannot take place if there is any interaction between people from different households.

Organised activities for elite athletes, under 18s and disabled people can continue.

LOCAL COVID ALERT LEVEL
VERY HIGH

Classes and organised adult sport can take place outdoors, but people should avoid higher-risk contact activity.

Adult group exercise activities and sports indoors should not take place, unless with household or bubble.

Adult solo training is allowed.

Organised activities for elite athletes, under 18s and disabled people can continue.

Wash hands
Keep washing your hands regularly

Cover face
Wear a face covering in enclosed spaces

Make space
Stay at least 2 metres apart - or 1 metre with a face covering or other precautions

WAKO GB Return to Kickboxing Guidance must be implemented and followed in all Tiers.



Greece

PANHELLENIC CHAMPIONSHIP 2020

December 11 - 13
Loutraki

Municipal
Indoor Gym of Loutraki
G. GALANOPOULOS

Cancelled

Ireland





21.11.2020.

**PRESIDENTIAL ELECTIONS:
DONATO MILANO TO THE 3th MANDATE**

FIKBMS change denomination, it will be called FEDERKOMBAT

Donato Milano has been re-elected President of the Italian Kickboxing Federation Muay Thai Savate Shoot Boxing Sambo for the third consecutive time. A result that increasingly confirms the wide consensus acquired in the years by the federal number one, the only candidate for this electoral round, and able to give a political and institutional twist to the growth of FIKBMS.

At the Play Hall Palasport in Riccione, the companies were present by a very large majority or by delegation and from every part of Italy, they wanted to witness an eyewitness to a historic day for the Federation. In fact, during the National Assembly Extraordinary and Ordinary Elective, President Milan announced the change of name with relative variation of the Statute, approved by the present. FIKBMS will therefore be called **FEDERKOMBAT** and will continue to enhance the sports disciplines of Kickboxing, Muay Thai, Savate, Shoot Boxing and Sambo. Introduced, under the circumstances also the new logo.

At the same time, the new federal advisors have been elected to compose the new federal board for the four years 2021/2024.

President: **Donato Milano**

Technical Quota: **Riccardo Bergamini**

Affiliated Quota: **Marco Bertoletti, Davide Carlot, Monica Cruccu, Roberto Ferraris, Marco Pacor, Lucio Stella, Nicola Traina, Athletes Quote: Luisa Gullotti, Barbara Plazzoli**

They add to them the President College Auditors of Conti **Nicola Corsini** and General Secretary **Stefano Rigamonti**.

WAKO IF President **Roy Baker** on this occasion congratulates **Donato Milano** on his third term as the president of WAKO Italia.

"The re-election of Donato Milano is proof of quality work in the Italian Kickboxing Federation and a great contribution to the development of kickboxing in Italy, Europe and the world. I look forward to our further cooperation in the development of kickboxing in the world and our entire WAKO Family. "



Professional kickboxing gala "DUET FIGHT NIGHT 21-Master Loss " on Saturday 07.11.2020 Undoubtedly one of the most interesting duels at DFN 21 in Pomeranian will be a clash for the title of professional Polish Champion PZKB / WAKO Pro of an experienced player of the club SK KICKBOXING KIELCE Dominik Kaleta with a young but extremely ambitious pupil of coach Witold Kostka from club PACO Team

The fight took place in discipline K-1 Style in the cat. Weights. - 81 kg at a 3x3 min



POLISH KICKBOXING CHAMPIONSHIPS
November 16-18. 2020.



ARENA FIGHT NIGHT 2

PUCHAR PŁOCKA

WALKA WIECZORU
Jacek Juszon [POL] vs Bodnarek Berhil [UKR]
 honorat. pater z wiodącego Mistrz Świata WKL
 oraz międzynarodowego Mistrza Polski PZKb/WKb F w w. kat. -75 kg

28.11.2020
ORLEN ARENA

Transmisja: LIVE | godz. 18 | www.pzkickboxing.pl

Mateusz Nitecki [POL] vs Deryn Kushnir [UKR]
 walka o tytuł Mistrza Europy WKL oraz międzynarodowego Mistrza Polski PZKb/WKb Pro w w. kat. -71 kg.
 Łukasz Paożyński [POL] vs Kirill Ruslan [UKR]
 walka o tytuł zawodowego Mistrza Europy WKL w w. kat. -81 kg

Logos: PZKb, Mazowsze, FIGHTTIME, MOSiR



"When you have passion, you stop looking for motivation. You don't need it anymore, because passion is your driving force to act"
[Dragon Kraków Paraboxing - Polski Związek Kickboxingu](#)



otwarte
MISTRZOSTWA POLSKI
 juniorów i seniorów

ORIENTAL KICKBOXING

SIEDLCE
11-13 XII 2020

Informacja dla zawodników:
STARTOWE 0 zł
 oraz **BEZPŁATNE ZAKWATEROWANIE**

Logos: PZKb, Mazowsze, Siedlce City

Polish Championship in ORIENTAL KICKBOXING,
 Siedlce 11-13.12.2020.

The Polish Junior and Senior Championships in Oriental Kickboxing is ahead of us. Due to the difficult situation related to the pandemic, the organizer of Gladiator Siedlce-kickboxing & muay thai, in agreement with covers the cost of accommodation of the players of the tournament (in particular hotels) and does not charge the starting fee.

Russia



The Championship of the city of Stavropol in kickboxing took place on November 6-8. More than 170 athletes from 15 MO of Stavropol Krai took part in the competition.

The competition took place despite the difficult epidemiological situation in the region. The organizers took into account all the requirements of Rospotrebnadzor.



Despite the ten-month-old simple without competitive practice, the guys showed a great desire to win and did not give in to each other.

In the final overall team score:

1st place - Stavropol city;

2nd place - Nevinnomyssk city;

3rd place - Krasnogvardeyskoye village.

Shaliko Lazgyan from the city of Mineralnye Vody was awarded to the Cup of "Best Referee"

The title of "Best judge" was awarded to Victor Konstantinov from Kislovodsk.



On November 13, 2020, Moscow was the host one of the main events of the year in the martial arts - "Battle of Champions 12 - School against School".

In 2020, the "Battle of Champions" was held in the format of interstyle duels "School vs School" according to the universal rules of the ring fights between the best representatives of Russian martial arts schools.



As part of the "Battle of Champions 12" there was 8 duels, including the title kickboxing fight for the title of the Russian champion, the title fight in Thai boxing for the title of the CIS champion and the title fight of the professional battle league Senshi KWU.

Participants of the "Battle of Champions" in previous years were such outstanding martial arts masters as Fyodor Emelyanenko, Olesya Kovalenko, Alexander Ustinov, Irina Bykova, Alan Karaev, Batu Hasikov, Artem Vakhitov, Ignacio Sanchez and others. The President of the Russian Federation V.V. Putin was the guest of honor.



18-19 November in Irkutsk held the Eastern Siberian Cup.

The Cup was attended by 171 athletes from 7 regions.



November 14.2020. ▶

The kickboxing tournament "**Champions League**" in tatami disciplines light contact and pointfitting was held in Samara.

It hosted 470 participants from Samara, Ulyanovsk, Chelyabinsk, Belgorod, Astrakhan regions and the Republic of Udmurtia!



November 21-22, 2020 Kickboxing Federation of the Republic of Crimea holds the Championship of the Republic of Crimea, after the results of these competitions, a sports team of the Republic of Crimea will be formed.

The tournament is held in disciplines: K1; Full contact; Low-kick; Light contact; and Point fighting.



On November 26-29,

Championship in disciplines full contact with low-kick, k1, light contact and pointfitting was held in the Republic of Tatarstan,.

283 athletes attended on championship



03-06 ДЕКАБРЯ 2020



ОТКРЫТЫЙ КУБОК МОСКВЫ

КИКБОКСИНГ

В ДИСЦИПЛИНАХ:
 ПОИНТФАЙТИНГ
 ЛАЙТ-КОНТАКТ
 СОЛЬНЫЕ КОМПОЗИЦИИ
 ФУЛЛ-КОНТАКТ
 К1

РУССКИЙ ВОИН

МЕСТО ПРОВЕДЕНИЯ: Г. МОСКВА
 УЛ. НОВОЧЕРЕМУШКИНСКАЯ Д. 64, КОРП. 3
 (М. НОВЫЕ ЧЕРЕМУШКИ)



2021
21-24 ЯНВАРЯ





ВСЕРОССИЙСКОЕ СОРЕВНОВАНИЕ

ДИСЦИПЛИНЫ:
 К1
 ФУЛЛ-КОНТАКТ
 ЛАЙТ-КОНТАКТ
 ПОИНТФАЙТИНГ
 СОЛЬНЫЕ КОМПОЗИЦИИ

MOSCOW OPEN
 ПО КИКБОКСИНГУ

МОСКОВСКАЯ ОБЛАСТЬ, с. ЕРШОВО

МЕЖДУНАРОДНЫЙ ДЕНЬ
КИКБОКСИНГА



30 НОЯБРЯ





PROVINCIAL INSTITUTE FOR SPORT AND SPORTS MEDICINE, in cooperation with the Faculty of Philosophy in Novi Sad, Department of Psychology, conducts research intended for athletes in order to assess their personal and sports experiences in the current circumstances due to the pandemic caused by the COVID-19 virus.

The research is of a scientific nature and will serve the purpose of a more complete understanding of the needs of athletes. The survey is completely anonymous, so we invite all interested senior athletes to participate in it voluntarily and give their contribution to this research.



November 21.2020.

The Championship of Serbia in the discipline K1, for cadets, juniors and seniors of B class, as well as the Cup of Serbia Open, where seniors of A class participated, has ended.

28 clubs and 118 competitors from Serbia participated, as well as competitors from Serbia and Moldova, who took part in the senior class A competition within the Serbia Open Cup.

The best clubs of the Serbian Championship are:

1. Kik boks klub Niš (4 gold, 6 silver, 1 bronze)
2. Voždovac fight team (4 gold, 1 silver, 2 bronze)
3. Topić team (3 gold, 3 silver, 1 bronze)



Kickboxing spectacle "Cup of Nations" on Saturday, December 5, 2020. at 6 pm, Novi Sad

Fights in K1, professional rules.

The spectacle will be held without the presence of the audience, but the broadcast will be on the YouTube channel KUP NACIJA

The event was supported by the City Administration for Sports and Youth of Novi Sad.



SABADO 10 DE OCTUBRE DE 2020 10:00 AM



**NORMATIVA FEKM
K1 STYLE
ON LINE**



**CON JOSAFAT
MARRERO COELLO**



DIRECCION A TODOS LOS OFICIALES DE ARBITRAJE,
TECNICOS Y DEPORTISTAS FEKM
@: jviala@feka.directorarbitraje@fekm.es

DIRECTOR DE ARBITRAJE
DE LAS ISLAS CANARIAS

In these difficult days for our sport, from the Spanish Kickboxing and Muay Thai Federation (FEKM), we have resumed referee seminars by zoom, to keep our referees motivated after the summer.

These seminars have been directed by our national chief referee **Javier Alberca**, and presented by three territorial directors. This time they have dealt with the disciplines of ring sport, and referees, athletes and coaches of our federation have been invited with a great reception by the people who make up the federation.

SABADO 14 DE NOVIEMBRE DE 2020 10:00 AM



**NORMATIVA FEKM
FULL CONTACT
ON LINE**



**CON BENJAMIN
HERNANDEZ RUIPEREZ**



DIRECCION A TODOS LOS OFICIALES DE ARBITRAJE,
TECNICOS Y DEPORTISTAS FEKM
@: pascual@feka.directorarbitraje@fekm.es

DIRECTOR DE ARBITRAJE
DE LA COMUNIDAD VALENCIANA

SABADO 21 DE NOVIEMBRE DE 2020 10:00 AM



**NORMATIVA FEKM
LOW KICK
ON LINE**



**CON FRANCISCO
GONZALEZ HERRERA**



DIRECCION A TODOS LOS OFICIALES DE ARBITRAJE,
TECNICOS Y DEPORTISTAS FEKM
@: javier@feka.directorarbitraje@fekm.es

DIRECTOR DE ARBITRAJE
DE ANDALUCIA



FEKM
WWW.FEKM.ES
#FEKMANIA

ASSOCIATION OF KICKBOXING AND MUAYTHAI
WAKO

**KICKBOXING
CAMPEONATO DE ESPAÑA
10-13 DICIEMBRE 2020
PABELLON MUNICIPAL DE ALOVERA**

Logo of Ayuntamiento de Alrovera, Ayuntamiento de Alrovera, CSD, Ayuntamiento de Alrovera, Ayuntamiento de Alrovera, ADESP

LAST BERRY TOP KING LEONE TOP TEN

FEDERACION ESPAÑOLA KICKBOXING Y MUAYTHAI



Turkish Kickboxing Federation Referee Promotion Seminar, with participation of approximately 200 referees, was held on 11-12 November 2020. The exams were held online due to the Covid-19 outbreak.



Turkish Kickboxing Federation Black Belt 1.2.3.4. and 5th Dan Examinations were held on 14 November 2020 in Konya Province. The exam conducted in accordance with the Social Distance Rules. Konya Youth and Sports Provincial Director, Mr. Abduraman ŞAHİN, Provincial Deputy Chairman of the AK Party and the Chairman of the BAF Board Mr. Lokman ÖZTURHAN, Selçuk University Lecturer Prof. Dr. Yalçın KAYA Bilal YAVAŞ, Konya Amateur Sports Clubs Federation President Mr. Remzi AY, Amateur Sports Clubs Federation Deputy Chairman Mr. Mehmet GÜNBAŞ, Meram Municipality Council Member Club President Muhammet IŞIK, Sports Facilities Manager Hüseyin SARAÇ was present at the event.





Turkey

WAKO Vice President and President of Turkish Kickboxing Federation Mr. Salim Kayıcı made important visits in İzmir Province. On 16 November he visited İzmir Youth and Sports Provincial Director Mr. Murat ESKİCİ in his office and conveyed our best wishes. In memory of the day, he gifted him with Kick Boxing Gloves.

On 17 November he visited Foça Gendarmerie Commando School and Training Center Commander Brigadier General Mr. Vedat ÇOLAK at his office. He gave him Kick Boxing Gloves as a memory of the day. Deputy Commander Colonel Hasan ALSOYLU, Foça Gendarmerie School Commander Colonel Tolunay BAŞER and Colonel Naim ÇETİNKAYA also participated in the visit.



Ukraine

On November 05, 2020, the Zhytomyr City Council was awarded the best coaches of the city of Zhytomyr in 2020 Congratulations to all the nominees and thanks to the city department of family, youth and sports led by Iryna Kovalchuk for supporting all our initiatives!

From 19 to 20 November in the city of Konstantinovka held a regional WAKO kickboxing tournament among juniors, juniors and adults.

The competition was attended by athletes from 11 cities. The best athletes are awarded with medals.

The purpose of the competition is to popularize kickboxing in Donetsk region





The annual WAKO kickboxing tournament among beginners First Step Ring.

On November 28, the capital hosted the **annual WAKO kickboxing tournament among beginners First Step Ring.**

The competition take place in the sections full contact, low kick, K-1.

Venue: Fight Lab Sports Center, Akademika Glushkova 9, Kyiv

WAKO PAN AMERICA ACTIVITIES IN NOVEMBER



31.10.- 01.11. 2020.

This weekend WAKO Brasil organized the National Black Belts Exam and the National Referee Seminar at the Panam training center in Piracicaba, São Paulo, Brazil.

We are following the entire protocol against Covid.



SEMINÁRIO TÉCNICO KICKBOXING
Semanário Para Atletas

Danilo Wilian
CENTRO UNIAO ABC

UNIAO ABC

TUAI PRITO

UNIAO ABC

UNIAO ABC

TÉCNICAS DE K1 UNIAO ABC

05/12/20

PARQUE ANTONIO DE SÁ UNIAO ABC
048- 99122-9271
047- 99696-2118
047- 98847-9689

UNIAO ABC - Academia Fitness & Wellnes
Rua Maurício Wander Farkleiner, 500 A - Joozina Cruz
SP/05086- 90

◀ Announcement of a technical seminar for kickboxers - On line - December 5 2020 With **Danilo Wilian**

WAKO Brasil celebrate KICKBOXING DAY ▼

30 11

DIA INTERNACIONAL DO KICKBOXING

WAKO

Parapan American Kickboxing Confederation

WAKO

24.11.2020

Dominican Republic rocks WAKO Panam's Kickboxing.

Two major events were held in the city of Santiago de Caballeros, directly organized by the National Olympic Committee.

Initially it was the Athlete of the Year Award, when WAKO RD may for the second consecutive year include its athletes in the disputes in the Children and Youth categories.

The Adult category is currently represented by the Association of Sport Chroniclers and we have received confirmation that in 2021, we will also be able to nominate athletes in it.

In the second event of the evening, the Ministry of Sports, celebrated Sports Day, and once again WAKO RD was invited to participate in the opening ceremony and activities in general, giving it the opportunity to network with national sports authorities and make Kickboxing WAKO in evidence in the country.



Capacitación en Fisiología del Deporte

Dr. Marco Chango
Medico Olimpico

Experto en deportes de Combate

Deportologo del CEAR

Entrenador Olimpico cinta negra 6to dan
Coordinador medico nacional del Alto rendimiento

TEMA:
Recuperación del atleta despues de un combate

Fecha: Jueves 19 de noviembre
Hora: 8pm hora de Ecuador

f LIVE

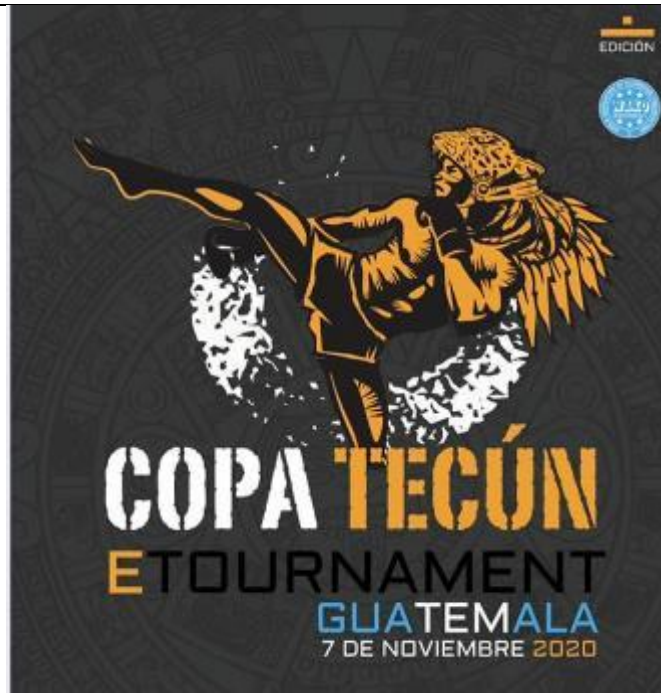
Ecuador

On line Seminar in Sports Physiology

Recovery of the athlete after a fight

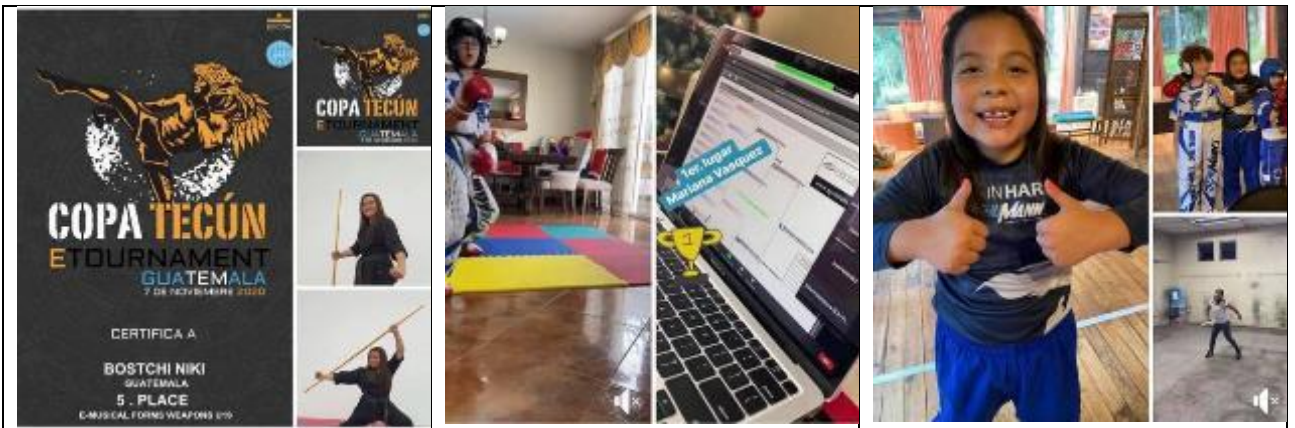
Lecturer:

Dr. Marco Chango - Olympic doctor



Copa Tecun VIRTUAL 2020

Nations: 6
Clubs: 18
Total entries: 376



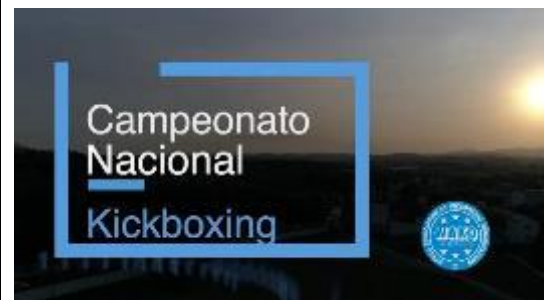


2020 National Kickboxing Championship, from November 26th to 29th on Oaxtepec, Morelos, Mexico.

This is difficult time for everyone but sport and life must continue; Members of WAKO Mexico are prepared and trained so that this great event takes place with all the prevention measures and corresponding security protocols.

In extreme situations, the entire universe becomes our enemy. In such critical times, we will be as strong as we are united, and as weak as we are divided.

Morelos welcomes 250 fighters from the country implement health protocols, including COVID-19 testing to all participants



2020 National Kickboxing Championship - photos





TALLER DE NUTRICION EN EL DEPORTE

JUEVES 05 DE NOVIEMBRE 15:00 HRS

FEMAKIB & WAKO MEXICO invitan a toda la comunidad de artes marciales & deportes de contacto (padres de familia, entrenadores, atletas y jueces) a la videoconferencia:

PRINCIPIOS BÁSICOS DE LA HIDRATACION

PONENTE:
Ivonne Salazar Cruz
FEMAKIB MEXICO

facebook **LIVE**
FEMAKIB & WAKO Mexico
PUBLICO EN GENERAL

www.wakomexico.com

CONADE

Mexico

TALLER DE PSICOLOGIA EN EL DEPORTE

MIÉRCOLES 11 DE NOVIEMBRE 15:00 HRS

FEMAKIB & WAKO MEXICO invitan a toda la comunidad de artes marciales & deportes de contacto (padres de familia, entrenadores, atletas y jueces) a la videoconferencia:

PREPARACION PSICOLOGICA ANTES DE REGRESAR A LA COMPETENCIA

PONENTE:
Dra. Diana Vazquez Cruz
Psicóloga del Instituto Mexicano de Kickboxing & Taekwondo

facebook **LIVE**
FEMAKIB & WAKO Mexico
PUBLICO EN GENERAL

www.wakomexico.com

CONADE

KICKBOXING TRAINING CAMP

-PARTICIPANTES: SELECCIONADOS NACIONALES DE KICKBOXING-

- Taller y evaluaciones de Nutrición & Psicología.
- Taller de Metodología del Deporte.
- Evaluaciones Físico Atléticoas.
- Actividades Recreativas.
- Evaluaciones Técnicas Técnicas.
- Gala Deportiva (ring & tatami).
- Ceremonia de Entrega de Uniformes.

*Parte en contacto con la Presidencia Estatal

DEL 10 AL 13 DE DICIEMBRE AZUL IXTAPA

¡SÉ PARTE DE LA HISTORIA!

CONADE

ENTRENAMIENTO CON LA SELECCION MEXICANA DE KICKBOXING

VIERNES 06 DE NOVIEMBRE 20:00 HRS

ZAIN PEDRAZA
POINT FIGHTING

zoom

facebook **LIVE**
FEMAKIB & WAKO Mexico
PUBLICO EN GENERAL "DESPLAZADOS"

www.wakomexico.com

CONADE

WAKO Panam

CONFIRMADO

e-Pan Americano 2021 de Kickboxing

25 à 31 de Janeiro 2021

"Os melhores do Continente estarão mais uma vez frente a frente."

CONADE



United States of America

November 18

First ever WAKO USA Coaching Education Program for ring sports on weekend November 13 - 15! One step closer!

ROUFUSPORT MMA

10:00 A.M. JANUARY 9, 2021
321 N 76TH STREET, MILWAUKEE, WI 53213

KICK LIGHT TOURNAMENT

ADULTS + KIDS

REGISTRATION
\$50 EARLY REGISTRATION
\$65 AFTER DEC. 9TH
WAKO USA MEMBERSHIP
REQUIRED TO PARTICIPATE
REGISTER AT:
WAKOUSA.ORG

FEBRUARY 26-28, 2021

NUR SHRINERS
198 S. DUPONT HIGHWAY, NEW CASTLE, DE 19720

WAKO TEAM USA KICKBOXING NATIONAL CHAMPIONSHIPS

K-1 RULES TOURNAMENT
AGE BRACKETS 13-15, 16-17, 18-41
WEIGH INS FEBRUARY 26. MORE INFO AT
USKAFIGHTSPORTS.COM OR WAKOUSA.ORG

VIRTUAL CHAMPIONSHIP

SPEED VIRTUAL 1.0

KICK BOXING ALVARADO

Panamericana Kickboxing Confederation

1er Lugar CLUB CAMPEÓN
@kickboxingalvarado

Venezuela

Venezuela still working.

With the participation of 797 athletes, 33 clubs and 11 countries during 2 days of competition, we successfully finished the Speed Virtual Championship in the last weekend.

We are grateful with the support of the 17 national clubs of WAKO Panam in their solidarity support to this activity to keep us connected with Kickboxing. Today the main winner was WAKO and WAKO Panam and, of course, the Kickboxing.

Special thanks to: CBKB/WAKO Brasil and all WAKO participants members: Bolivia, Mexico, Argentina, Trinidad and Tobago, Ecuador, Chile, Dominican and Guatemala for their unconditional support in this activity.



12.-SPEEDVIRTUAL1.0 - Venezuela - Distrito Capital 13/11/2020

| # | CLUBES INTERNACIONALES | ORO | PLATA | BRONCE | total |
|--------------|-------------------------------------|-----------|-----------|------------|------------|
| 1 | 49- KICK BOXING ALVARADO | 19 | 10 | 10 | 39 |
| 2 | 51- A. S. L. K VENEZUELA | 12 | 15 | 24 | 51 |
| 3 | 203- CAÑUELAS KICKBOXING ARGENTINA | 8 | 7 | 5 | 20 |
| 4 | 398- TEAM WAKO COLOMBIA | 6 | 3 | 13 | 22 |
| 5 | 240- GOLDEN EAGLE MARTIALARTS | 6 | 2 | 2 | 10 |
| 6 | 443- JONATHAN AGREDA | 6 | 1 | 2 | 9 |
| 7 | 441- SELEÇÃO BRASILEIRA | 4 | 1 | 4 | 9 |
| 8 | 446- ACADEMIA WUSHU FIGHT TEAM-WIT | 3 | 6 | 9 | 18 |
| 9 | 207- AVKARATE BOX | 3 | 3 | 7 | 13 |
| 10 | 407- TAO-SHI-CHUAN | 3 | 2 | 5 | 10 |
| 11 | 79- ACADEMIA ANGELES | 2 | 5 | 1 | 8 |
| 12 | 263- TEAM JR KENPO | 2 | 4 | 5 | 11 |
| 13 | 448- ERIKA KENPO | 2 | 4 | 4 | 10 |
| 14 | 319- KAIZEN SPORT CENTER | 2 | 2 | 4 | 8 |
| 15 | 72- KO ZONEVZLA | 2 | 2 | 3 | 7 |
| 16 | 101- TEAM GADOLDE | 2 | 1 | 1 | 4 |
| 17 | 309- AKT ALVAREZ KARATE TEAM | 1 | 3 | 4 | 8 |
| 18 | 442- TEAM FORÇA FIGHT | 1 | 1 | 12 | 14 |
| 19 | 285- Wako Guatemala | 1 | 1 | 3 | 5 |
| 20 | 245- ZENDOKI KARATE DO | 1 | 1 | 1 | 3 |
| 21 | 242- LOS 6 ESTILOS DEL KUNG FU | 0 | 3 | 6 | 9 |
| 22 | 388- DEPORTIVO SANTELIZ ASKITF | 0 | 2 | 8 | 10 |
| 23 | 53- CLAN HUNG MERIDA | 0 | 2 | 3 | 5 |
| 24 | 223- ACADEMIA JUAN VICENTE | 0 | 1 | 4 | 5 |
| 25 | 444- LOS GUERREROS DE QUINTA NORMAL | 0 | 1 | 3 | 4 |
| 26 | 210- CT MULT FIGHT - PORTINHO | 0 | 1 | 1 | 2 |
| 27 | 447- RENDIRSE NUNCA KICK BOXING | 0 | 1 | 0 | 1 |
| 28 | 197- ACADEMIA LOCKWARD | 0 | 1 | 0 | 1 |
| 29 | 437- RIVEROKICKBOXING TEAM | 0 | 0 | 3 | 3 |
| 30 | 209- SL OMEGA VZLA USA | 0 | 0 | 1 | 1 |
| 31 | 232- SLKB SKARTHONY | 0 | 0 | 1 | 1 |
| 32 | 380- VIPER | 0 | 0 | 1 | 1 |
| 33 | 396- COLEGIO MEJIA | 0 | 0 | 1 | 1 |
| Total | | 86 | 86 | 151 | 323 |



WAKO ASIA

ACTIVITIES IN NOVEMBER



C級裁判講習

REFEREE SEMINAR TYPE C

11/21、11/22 12/26

賽場實習

時間 09:00-17:30

地點 北投運動中心503教室

特邀主講

踢拳道協會理事長 Daniel Flash

亞洲國際裁判 Alina Kamalova



K1 | LOW KICK | KICK LIGHT | POINT FIGHTING | BREAK



B級裁判講習

REFEREE SEMINAR TYPE B

12/19、12/20、12/26

時間 08:30-19:30

地點 台北地區

十二月
DEC





WAKO INDIA KICKBOXING COACHING EDUCATION PATROL
 The Coaching Program is a series of online training sessions for athletes and coaches. It is a platform to learn and improve your skills and knowledge.

DIET, STRENGTH AND FLEXIBILITY

Coaching Program Coordinator
Dr. Karan Vaidyan
 (M.A. in Physical Education, M.Phil. in Physical Education)

Date: 19th November 2020
 Time: 6 to 7 pm



WAKO INDIA KICKBOXING COACHING EDUCATION PATROL
 The Coaching Program is a series of online training sessions for athletes and coaches. It is a platform to learn and improve your skills and knowledge.

SEE THROUGH KICKS

Coaching Program Coordinator
Mr. Kartik Dakua

Date: 20th November 2020
 Time: 6 to 7 pm

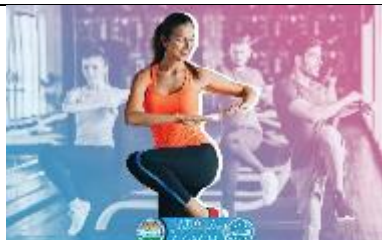


WAKO INDIA KICKBOXING COACHING EDUCATION PATROL
 The Coaching Program is a series of online training sessions for athletes and coaches. It is a platform to learn and improve your skills and knowledge.

IMPROVING FRONT KICK POSITION

Coaching Program Coordinator
Mr. Nilesh Shelar

Date: 21st November 2020
 Time: 6 to 7 pm



WAKO INDIA KICKBOXING COACHING EDUCATION PATROL
 The Coaching Program is a series of online training sessions for athletes and coaches. It is a platform to learn and improve your skills and knowledge.

HEALTHY

Coaching Program Coordinator
Ms. Simran

Date: 23rd November 2020
 Time: 6 to 7 pm



HOW TO INCREASE STRENGTH AND POWER, AND TO PREPARE FOR SPORTS

WAKO INDIA KICKBOXING COACHING EDUCATION PATROL
 The Coaching Program is a series of online training sessions for athletes and coaches. It is a platform to learn and improve your skills and knowledge.

Date: 24th November 2020
 Time: 6 to 7 pm



WAKO INDIA KICKBOXING COACHING EDUCATION PATROL
 The Coaching Program is a series of online training sessions for athletes and coaches. It is a platform to learn and improve your skills and knowledge.

FITNESS AND FITNESS

Coaching Program Coordinator
Ms. Simran

Date: 26th November 2020
 Time: 6 to 7 pm



Coaching Program Coordinator
 Mr. Kartik Dakua, Dr. Karan Vaidyan, Mr. Nilesh Shelar, Mr. Anil Sharma, Mr. SuryaPrakash Mundapat, Mr. Krushna Dakua, Mr. Santosh K Agrawal

The ongoing “Online WAKO India Kickboxing Training / Education Pathway Program “have completed 6 months in a row and it is still running effectively. The pathway has helped all the Athletes/Coaches/Officials to cope up with the daily fitness routine in order to meet the Federation target in such a pandemic situation. This has been a great triumph for the Federation focusing on building, fostering and upgrading not only the seniors but also the new talent across the country. WAKO India is continuously monitoring the growth and confidence in all the participants since it provides a platform and gives equal opportunity to everyone to train the other members of the group also. WAKO India Team, Mr. Kartik Dakua, Dr. Sanjay Yadav, Mr. Nilesh Shelar, Mr. Anil Sharma, Mr. SuryaPrakash Mundapat, Mr. Krushna Dakua, has been consistent in providing and contributing in the education pathway. It has been observed that the level of interest has increased amongst the members and so is the participation level. WAKO India President Mr. Santosh K Agrawal has sincerely thanked the members of WAKO India for maintaining that level of interest amongst the participants. He further added there is no alternate for hardwork.

Team India participated in UTS Virtual Youth Festival 2020, an opportunity for young athletes from all over the world to engage in friendly sport competitions. This was a unique event conducted by WAKO International Federation in the patronage of the “International Olympic Committee” to give more exposure to the fighters. India did participate in different categories contesting at their best levels and won 4 Gold Medal, 5 Silver Medals, 6 Bronze Medals in Medal Tally 3rd Rank. These fighters were felicitated in a local ceremony organized by the Indian Federation to boost up their self-belief.

Apart from this, WAKO India President Mr. Santosh K. Agrawal (Member – Technical Committee-WAKO) attended the workshops/webinar of “CLEAN SPORT” & “I'MPOSSIBLE AND THE PARALYMPIC MOVEMENT” presented by World Anti-Doping Agency (WADA) & International Testing Agency (ITA) during “UTS World Virtual Youth Festival 2020” under the patronage of International Olympic Committee (IOC). It was a great platform to explore for all the athletes and sports lovers during the covid19 pandemic.

WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY
The World of Kickboxing Education & Coaching Pathway will be an immense & the only public available resource of the world's most renowned coaching methods.

HOW TO USE YOURS OWNERSHIP
OWNERSHIP, TRAINING & EDUCATION WILL BE CONDUCTED BY
Mr. Kartik Dakus

Date: 04th November 2020
Time: 6 to 7 pm

Coaching Program Controller
Mr. Kartik Dakus | 91 98206 45191 | 020206 45191
Mr. N. Anand | 91 98206 45191 | 020206 45191

WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY

WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY
The World of Kickboxing Education & Coaching Pathway will be an immense & the only public available resource of the world's most renowned coaching methods.

HOW INTERVIEW & ALIQUOTA COLLEGE
OWNERSHIP, TRAINING & EDUCATION WILL BE CONDUCTED BY
Dr. Priyanka Bhoole
Bachelor in Ayurveda

Date: 04th November 2020
Time: 6 to 7 pm

Coaching Program Controller
Mr. Kartik Dakus | 91 98206 45191 | 020206 45191
Mr. N. Anand | 91 98206 45191 | 020206 45191



WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY
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WAKO INDIA KICKBOXING COACHING EDUCATION PATHWAY
The World of Kickboxing Education & Coaching Pathway will be an immense & the only public available resource of the world's most renowned coaching methods.

[PATYARAH FIGHT OUTRACK MANAGEMENT]
OWNERSHIP, TRAINING & EDUCATION WILL BE CONDUCTED BY
Mr. Biswa Das

Date: 04th November 2020
Time: 6 to 7 pm

Coaching Program Controller
Mr. Kartik Dakus | 91 98206 45191 | 020206 45191
Mr. N. Anand | 91 98206 45191 | 020206 45191



India

Another group of 40 members took part in the WAKO International Musical Forms Rules & Regulations E Seminar held on 12th November 2020 conducted by Mr Brian Beck, Chairman-Referee Committee – Tatami Sports WAKO was concluded successfully.

WAKO India also attended the Official International Webinar for Referees and Judges organized by WAKO (IF). Mr. Nilesh Shelar and Mr. Sanjay Yadav were present there to take up the informative discussion on changes and updating the rules and regulations of WAKO.

November was accomplished as another successful month for everyone with some extraordinary effort in uplifting the standard of the game and redefining Kickboxing sport in India. Last but not the least, President Mr. Agrawal never forget to thank the WAKO (IF) in encouraging Team India at every level and making it what it is today.



India Open 2021

CANCELLED

It is a tough time for everyone as things are not in routine still. This is becoming a serious matter in all ways. International commercial flights are non operational till November 2020. There is a strong likelihood that suspension of International flights may extend further. There is a situation of uncertainty.

Considering the prevailing Covid pandemic situation, our management has decided not to pursue the **"Indian Open International Kickboxing Tournament"** which was to be held in February 2021.



State coach Rysmagambetov met with the chairman of Nurbolat Sports Committee - the head of the Army Central Sports Club of the Republic of Kazakhstan Aitalap Korgambayev.

During the meeting, there was a speech about adding national team members to the club and holding sports training meetings on the club base.

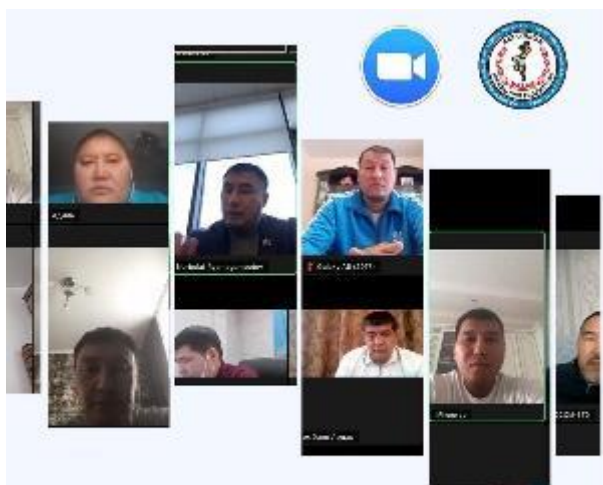
Army Central Sports Club's athletes participated in Olympics, Asian Games, World Championships and various robberies and contribute to the greatness of the Kazakh nation. Large work is being carried out in the preparation of the country's military athletes ", says the state coach.

It should be said that Aitalap Qorgambayev is a citizen who contributed to the development of kickboxing sports in our country over the years. During the employment coach of the Republic of Kazakhstan, he performed services as a state coach and Vice President of the Federation.





КИКБОКСИНГТІҢ ДАМУЫ ТАЛҚЫЛАНДЫ



КИКБОКСИНГТІҢ ДАМУЫ ТАЛҚЫЛАНДЫ

The development of kickboxing has been discussed and real plans have been created.

On November 14, the expanded collection of the Kickboxing Federation of the Republic of Kazakhstan was held through the zoom network and the complex plan of the Federation development was presented and discussed.

State coach Nurbolat Rysmagambetov and representatives of the regional federation and coaches took part in the meeting. The main problematic issues were discussed in online meeting.

All conditions have been created for kickboxing in the country. We have created a development plan nowadays. The main goal is to work together and prepare competitive athletes, said the state coach. The Federation will regularly conduct work such as holding different levels of tournaments, making and propaganda on the development of kickboxing in the country, sending athletes to different competitions, strengthening exercises.



АЛМАТЫ ОБЛЫСЫНДА СПОРТ МЕНТЕПТЕРІ ЖАНЫНАН КИКБОКСИНГ СЕКЦИЯЛАРЫ АШЫЛАДЫ

Kickboxing sections is opened in Almaty region.

November 18, Nurbolat Rysmagambetov, the state coach of the Republic of Kazakhstan from kickboxing, received a business visit to Almaty region with the support of the Director of Sports and Physical Education of the Republic of Kazakhstan.

During the business trip, the head of the Department of Physical Education and Sports of Almaty region Nurbakyt Tenizbayev discussed the development of kickboxing in the region. In the near future, kickboxing clubs will be opened in Sarkan district of Almaty region and Tekeli and Taldykorgan cities.

It is important to say that now, kickboxing sport is under the leadership of Rahat Egemberdiyev in Almaty region. Lots of clubs opening in sports schools will definitely pace kickboxing further development.



KAZAKHSTAN KICKBOXING FEDERATION

ҰЛТТЫҚ ҚҰРАМА АЛМАТЫДА ЖАТТЫҒУ ЖИЫНЫН ӨТКІЗУДЕ



Training sets inspire athletes.

At the sports camp of "Akbastau" of Almaty, Kazakhstan national team training meetings are being held. The meeting is planned for November 15-29

State coach Rysmagambetov got acquainted with the training process of Nurbolat team and wished him good luck.

"About 30 athletes from all regions are participating in the training and training meeting in Almaty. They are the top number one athletes of the country. After a long time quarantine mode, this will be a great experience for athletes. Members of the team are preparing for the upcoming competitions and having a meeting with good mood", said the chief coach Kairat Smagulov.

The long-term quarantine regime has definitely affected the sportsman s' uniforms. So the trainers themselves and the athletes are looking forward to the restart of the training session.

It is important to say that there were physical training sessions in Shymkent before the meeting in Akbastau.



Rysmagambetov Nurbolat, the state coach of the Republic of Kazakhstan from kickboxing visited Akmola region.

Meeting with the head of Physical Education and Sports Department of Akmola region Aset Kairatuly and discussed the development of kickboxing in the region.

The meeting was discussed the development of this type of fight in Akmola region and the opening of sections in sports schools.

It should be said that today, under the leadership of Gerasimov Alexander, the kickboxing Federation is working in Akmola region.



Palestinian Kick Boxing Federation elects new Board of Directors for the 2021-2024.

The Palestinian Kik Boxing Federation concluded the **General Assembly meeting**, 28/11/2020 via "Zoom" due to the decision to close in the Corona pandemic, in the presence of Dr. Basil Al Shaher, President of the Arab Kickboxing Federation and representatives of the Palestinian Olympic Committee and the Supreme Council of Youth and Sports.

The President Samir Othamah opened the session with a welcome speech, for his part, thanked Dr. Basil, the Palestinian poet for inviting him to attend the meeting and praised the efforts of his officials and what he said Achieved by accomplishments.

- | | |
|---|---|
| 1-Samir Ali Othman, President of the Federation | 2-Khalil Mustafa Khalil Basharat, member |
| 3-Tamer Khaled Muhammad Baker, member | 4-Rebel Abdel-Ati Ahmed Al-Jaabri, member |
| 5-Ahmed Youssef Mahmoud Zir, member | 6-Rania Fawaz Abdel Jabbar Amer, member |
| 7-Naji Abdul Latif Saleh, member | |



WAKO IF President **Roy Baker** congratulates the newly elected Board of the Palestinian Federation of Kickboxing with the desire to continue the successful development of kickboxing in Palestine and the successful cooperation between WAKO IF, WAKO Arab Federation and PFK.

Singapore



Promoting the sport of Kickboxing in Singapore!
People with Parkinson have experienced it.

Kickboxing Federation of Singapore also brought it to the community - stroke survivors were also able to experience Kickboxing. Kickboxing Federation of Singapore is honoured to be given the opportunity to touch so many lives - from the youth, to adults, to seniors and those with special needs! Kickboxing is indeed a sport for everyone! There is always something for everyone!

Kickboxing Federation of Singapore will continue to work hard reaching out to the community!
As the COVID-19 situation improves, and restrictions are eased, Kickboxing Federation of Singapore looks forward to engaging everyone in the community again!



Manuel Nordio's Light Contact Seminar – 15 November 2020

Kickboxing Federation of Singapore thanks **Light Revolution** for the very interesting and intense session last weekend.

Kickboxing Federation of Singapore was represented by the following:
Secretary, Valencia Yip
Technical Director/National Coach, Nazri Sutari
National Athlete, Low Yong Ming
National Athlete, Clement Chew
The team learned so much from Light Revolution.

Kickboxing Federation of Singapore thanks Manuel Nodio for hosting this virtual training session.



Singapore



Live Podcast called 'ConVALsation' – Pizza Eating Challenge with Elijah Everill and Kevin Baldwin (5 Dec 2020)

We'll be having a first ever pizza eating challenge between 2 countries!

Team UK: Elijah Everill and Kevin Baldwin

Team Singapore: Joel Lye and Nazri Sutari

This light hearted challenge uses the opportunity to raise funds for the less fortunate.

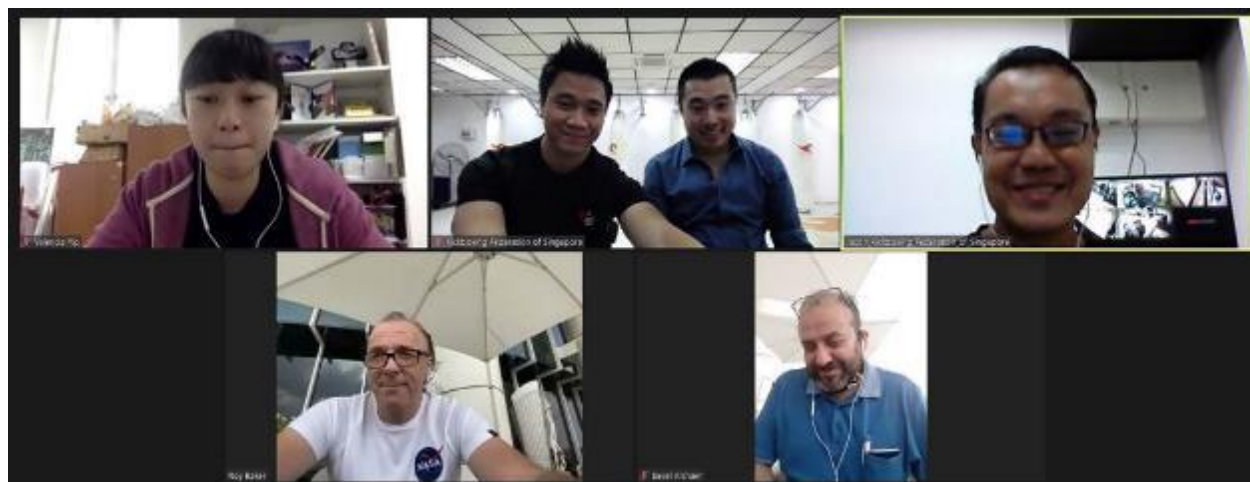
Team UK will be raising funds for Leo's pride.

Team Singapore will be raising funds for CARE (Children-At-Risk Empowerment) Singapore.

Meeting with WAKO President, Mr Roy Baker on 18 Nov 2020

Kickboxing Federation of Singapore is thankful for the guidance from President, Mr Roy Baker.

Matters discussed include the following: Technical and Coaching Development; Building relations with members; Singapore's 2021 calendar of activities



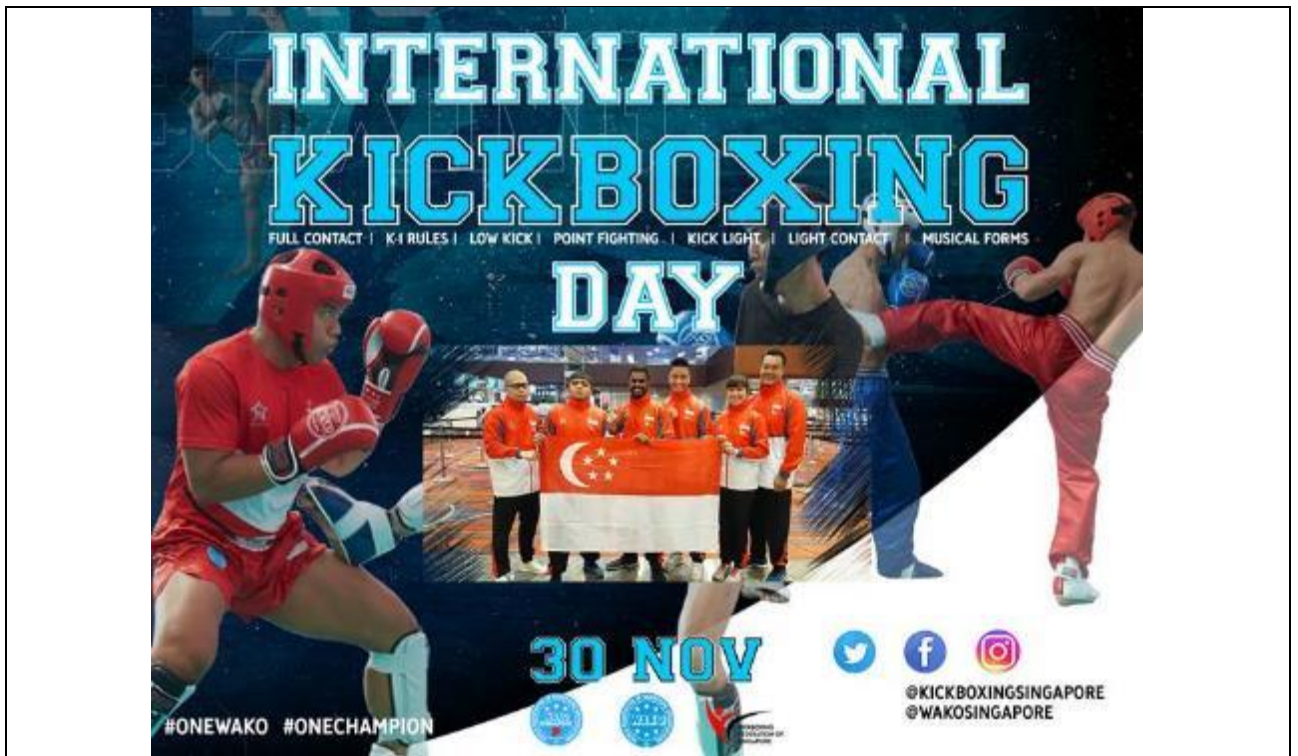
Video Initiative with Parkinson Society Singapore (PSS) on International Kickboxing Day 2020

On this International Kickboxing Day, Kickboxing Federation of Singapore wants to recognise and dedicate this day to our People With Parkinson (PwP) aka Parkinson Warriors.

Through passion, dedication and drive, Kickboxing Federation of Singapore was able to introduce the sport of Kickboxing to help PwP to better manage their condition.

Through perseverance, faith, trust and believe, this video was put together by PwP to showcase how Kickboxing has benefited them and to show their appreciation. - Happy International Day!





Attending IOC Young Leader’s 6-week sprint – 3 November to 11 December 2020

Secretary of Kickboxing Federation of Singapore, Ms Valencia Yip took opportunity to enroll in the IOC Young Leader’s 6-week sprint.

As part of the program, past IOC Young Leaders shared on using sport to become an even greater force for good in the world.

Key lessons were drawn from Professor Muhammad Yunnus on strengthening social business model to make it more self-sufficient.

The 6-week sprint has inspired Ms Valencia Yip to reach towards addressing Sustainable Development Goal (SDG) **Gender Equality**.

Ms Valencia Yip hopes to give young girls an opportunity to participate in Kickboxing to show that they too can have the potential and confidence to accomplish greatness in life.



Mr. Euncheon Jeong with Congressman Hwang Unha

The 2021th Daejeon Metropolitan City Association National Kickboxing Competition and 2021 Bangkok Chonburi Indoor Martial Martial Arts Asia Gyeong-gidaehoe national tryout



United Arab Emirates

WAKO PRO EVENT - K-1 COMBAT

Dubai, United Arab Emirates, November 20

The beautiful city of Dubai was the host of the second edition of the **WAKO PRO Gala "K-1 Combat"** organized by **UAE Muay Thai and Kickboxing Federation** led by H.E. **Abdullah Saeed Al Neyadi**. The main organizer was Mr. **Tareq Mohamed Al Mehairi**, executive director of the federation supported by Mr. **Fahad Khalfan Al Abdouli**, director of sport activities of the federation.

The perfectly organized event took place in Festival City expo center with the presence of VIP guests; Mr **Roy Baker**, WAKO President, **Dr Basel Alshaerand Mr Carlos Ramjanali**, WAKO Executive Board members. High level of fights with amazing set up and TV production has showed one more time why Dubai is taking its position among top-level WAKO PRO promotions. The fight card consisted of 13 explosive fights and main event, WAKO PRO Intercontinental title in K1 rules, 81.4 kg. This title was vacant and challengers were **Damian Darker** from Ireland and **Ilyas Habibali** from UAE.

The fight started slowly with a lot of respect from both fighters. After the first two rounds, the slight advantage was on the side of Damian who showed high level of technic and strategy. But, starting from the third round pure power, which is the main attribute of Ilyas, has come to spot and he started taking over the control of the fight. He won the next two rounds. The last one was with small advantage of Ilyas, which was enough to bring him the title. By unanimous decision, he became the new WAKO PRO Intercontinental champion in K1 rules, 81.4 kg. One more time congratulations to Promoter of this great event!

Judges:

Manshari Almansoori (UAE) – 49:45 Habibali
Tomislav Novosel (CRO) – 50:47 Habibali
Yury Lakhtikov (EST) – 50:49 Habibali

Referee:

Zoran Simurina (SRB)

Supervisor:

Srdjan Bugarcic (SRB)

Report by: Mr **Srdjan Bugarcic**

WAKO OCEANIA

ACTIVITIES IN NOVEMBER



NOVEMBER 29

REGISTER: WFS.MYUVENTEX.COM

New Date coming soon

ALCOHOL FREE EVENT
KID FRIENDLY
First Fight 12pm

LOCATION:
1/10 Andrew Campbell Drive, NARANGOBA, 4504

COMMUNITY SPORT EVENT - KICKBOXING
NOVEMBER 29th 2020

POINT FIGHTING
Minimum Match: 11 Weight Classes

Mat Sport Athletes U10 will get Minimum 2 fights participations regardless of result.

SPORTAUS

POSTPONED

QKD KICKBOXING

This is a **OPEN** event to all Martial Artists (Membership not required) who wish to compete in a family friendly **NON ALCOHOLIC** event. Event will run **Weight in - 1.5hrs**

KIDS 4yrs and up

later in the day 12:00pm onwards Page No. 27 page 28

1. Band Weight, Flight, Gender & H

DISCIPLINES TOURNAMENT STYLE

- 1. Point Fighting or KICKBOXING (KICK, BODY STRIKE, MANDUCHE)
- 2. Weight Classes
- 3. 10L Weight Classes

NO FIGHTS MORE THAN 2 FIGHTS exposures allowed for adults. This is a **KID FRIENDLY** event. ALL 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100

Tournament Style Street
Division not by Age and Weight

At least 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100

At least 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100

At least 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100

At least 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100

WAKO Australia Newsletter 2020

[LINK TO DOWNLOAD](#)

AUS KICKBOXING

WAKO AUSTRALIA

SPORTAUS

SPORT INTEGRITY AUSTRALIA

2020 Newsletter SPORT KICKBOXING

December 2020

CLEAN FAIR SPORT

Introduction

“Developing a person’s physical literacy across the lifespan is crucial if we want more Australians to live active, healthy and happy lives. The leadership Sport Australia has shown in this space has created a strong foundation on which we can strive to be better and move forward.”

Dr Natasha Schwarz, Co-Chair, Active Healthy Kids Australia

Firstly, I would like to let all our Member clubs, Athletes, Coaches and supporters know that we are thinking of them in this challenging time.

We as a Federation have struggled in the most challenging time in our Sports History, but this is a small hurdle in comparison to our member clubs around the country facing the pandemic challenges. We especially reach out to our Victorian clubs who had to endure a longer than normal closure.

Please if you’re facing struggles with any Mental Health issues large or small, reach out to support of family, friends or us here at HQ WAKO Oz. If needed Support groups like Beyond Blue etc. (Details of numbers in bottom of newsletter)

President Update

President shares 2021 Focus and Goals.

2021 sees Kickboxing in Australia focus on our new CEP – Coaching Education Program. This is aligned with our New Core Technical Curriculum (CTC) for both Ring and Tatami. Kickboxing in Australia has defined a complete Development model for our sport in AUSTRALIA KICKBOXING ATHLETE DEVELOPMENT MODEL (AKADM)

TOTAL IMPACT FIGHT NIGHT



OPEN 5.30 | ENTRY \$40 | FIRST FIGHT 6.00

**SATURDAY 28TH NOVEMBER
181 NERANG-BROADBEACH RD
CROATION SPORTS CENTRE**

Australia

**AMATEUR
KICKBOXING**

ONLINE ENTRY COMING SOON

**MELBOURNE
COMING
FEBRUARY 7th
2021**

NOVICE - INTERMEDIATE - ADVANCED
Location : Absolute MMA, Colingwood
154 Cromwell Street, Colingwood, VIC, 3088

FREE SET, MIDDLE & AGE DIVISIONS
OPENERS START AT
NOVICE - 4-1 FIGHTS / \$20.00
INTER - 4-1 FIGHTS / \$25.00
ADVANCED - 5-10 FIGHTS
KICK FIGHTING (12+ yrs) MUST BE PRE-REGISTERED

**RING BOUTS FOR 12yrs & OVER
Mat Sport Bouts for 4-11yrs.**

WAKO AFRICA ACTIVITIES IN NOVEMBER



A promotional banner for 'Africa Tatami Seminars'. The banner features a central photograph of a kickboxing match in progress, with a referee and spectators visible. The text 'AFRICA' is in large blue letters, with 'DECEMBER 12TH, 6PM SOUTH AFRICAN TIME (4PM CET)' in smaller text below it. 'TATAMI SEMINARS' is written in large white letters across the middle. On the left, there is a circular logo for 'WAKO' (World Association of Kickboxing Organizations) with five stars. On the right, there is a barcode and the text 'WAKO SPORT'. The background of the banner is a light blue and white pattern. A small 'ZOOM' logo is visible in the bottom right corner.



CROATIA

We would like to inform all members of the Croatian Kickboxing Association and all kickboxing friends that **MIHAEL JAVOROVIĆ** - kickboxer of KBC "Tigar" from Karlovac, military cadet - 3rd year student of the Military Academy, tragically passed away on Friday, October 30, 2020, at the age of 21.

WAKO IF President Roy Baker, on behalf of the whole WAKO family, expresses his deepest condolences to the Croatian Kickboxing Federation and Mihael's family, relatives and friends.

POLAND

We have received extremely sad news - November 8th our friend, coach KRZYSZTOF PAJEWSKI passed away at the hospital in Koszalin. Coach **Pajewski** lost the fight against coronavirus.

Krzysztof Pajewski has always been associated with two beloved sports disciplines - taekwondo and kickboxing.

WAKO IF President Roy Baker, on behalf of the whole WAKO family, expresses his deepest condolences to the Polish Kickboxing Federation and Krzysztof's family, relatives and friends.



This is a new section in the WAKO Newsletter.

As you know, the WAKO Board has accepted the new WAKO rules and they have been published on the official website. They take effect on January 1st 2021. There is a lot of news, and in this column, we will present you the news and give you a comment and explanations.

Age categories

Introduction and explanation

As we explained in the last issue of the new way of determining age categories, here we repeat the overview of categories for 2021.

The same overview will be in each WAKO Calendar, at the end of the list of activities during the year.

From the new WAKO Rules

Article 2.1.1.2. Age categories

Kickboxers are divided in age and weight categories which are defined in Ring General Rules and Tatami General Rules.

*Age is determined by the **year of birth**.*

WAKO Age Categories in 2021

Tatami disciplines:

| | | |
|----------------|--|-------------------------|
| Children | (CH) * (boys and girls 7, 8, 9 years) | - born 2012, 2013, 2014 |
| Younger cadets | (YC) * (boys and girls 10, 11, 12 years) | - born 2009, 2010, 2011 |
| Older cadets | (OC) * (boys and girls 13, 14, 15 years) | - born 2006, 2007, 2008 |
| Juniors | (J) ** (men and women 16, 17, 18 years) | - born 2003, 2004, 2005 |
| Seniors | (S) (men and women 19 - 40 years) | - born 1981 - 2002 |
| Masters | (V) (men and women 41 - 55 years) | - born 1966 - 1980 |

Clarifications:

* CH, YC, OC - can participate only in their age categories

** J - can participate in senior categories

Ring disciplines:

| | | |
|-----------------|-------------------------------------|--------------------|
| Younger juniors | (YJ) (men and women 15, 16 years) | - born 2005, 2006 |
| Older juniors | (OJ) (men and women 17, 18 * years) | - born 2003, 2004 |
| Seniors | (S) (men and women 19 - 40 years) | - born 1981 - 2002 |

Clarifications:

* Older juniors 18 years old (born 2003) can participate in senior categories)

[**LINK TO THE NEW WAKO RULES**](#)

A heroic venture in the pandemic time



Nikola Šimurina, kickboxing referee, member of Serbian kickboxing federation and member of EUSA Games Organizing Committee in Belgrade planned to go to the Alps for a longer period of time, and after big problems with border crossings, he managed to escape to the highest and most dangerous peaks in Europe, for three weeks. His task was a solo expedition, staying in nature completely alone, getting to know himself and raising the mentality to a higher level.

He had no partners on the mountain, due to the pandemic time the only way was to go there alone. Climbed the highest peak in Western Europe - Mont Blanc (FRA - ITA), twice (from foothills to peak) within 6 days, with very short sleep (at -20 / -25 °C as far as it can reach during night camping and over 30 °C as much as ice can shine during the day), with very little food, because that was the nature of the expedition, and with all the equipment that is necessary, a person can only carry a certain amount of really necessary things.



After successfully climbing his dream mountain, he went to a completely different monster - the Matterhorn (SWISS), a real European pyramid and its surroundings, where he stayed in the mountain gorges and rested his eyes, but not his body - as it is one of the most beautiful landscapes. In the Alps, he used it for mountain running, swimming in glacier waterfalls and crystal blue lakes. One week on the Matterhorn, as well as a few days on the beautiful Monte Rosa - the massif - were more than enough to recover from the ups and downs of the extreme Mont Blanc, a year-round effort to relieve stress. and above all the urban way of thinking, as well as to find his peace for the next period.



P.S.

Legend has it that the Matterhorn is as beautiful a mountain as its landscape - that it is impossible to take a bad photo.





“ **A VIRUS**
 NEEDS A HOST
MISINFORMATION
 NEEDS A HOST
 LISTEN TO THE **EXPERTS** TO **ERADICATE** BOTH ”

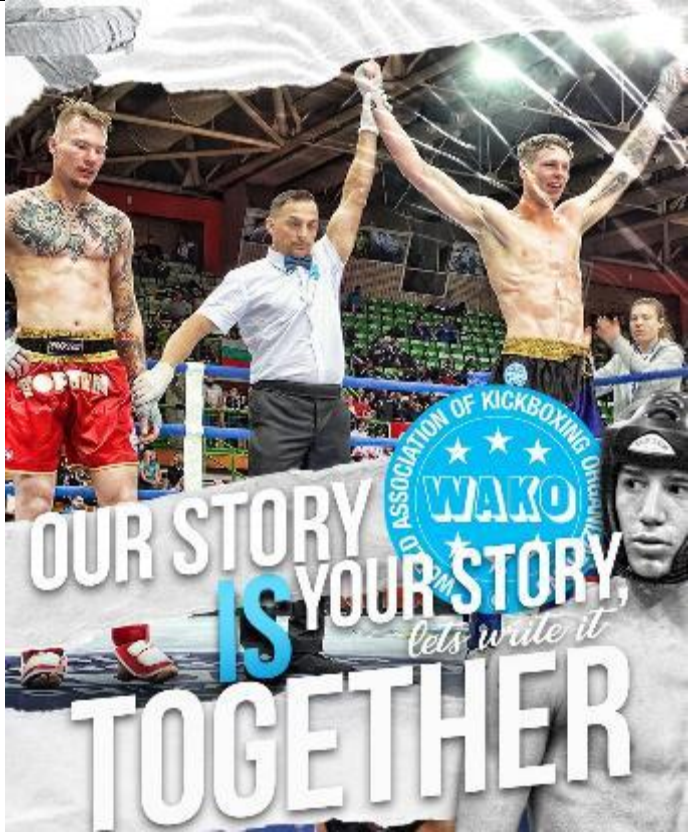
ROY BAKER - WAKO PRESIDENT



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**To all recipients
of this Newsletter**

Please forward this newsletter to all members of your federation.

All news and short reports with pictures and posters of your sports activities sent to:

Marijana Pelevic

- WAKO Media Officer:

marijana.pelevic@wako.sport

Romeo Desa

- WAKO Technical Director:

technical.director@wako.sport

If you want to receive Newsletter in your inbox – please, send us your e-mail address.



MERRY CHRISTMAS

AND HAPPY NEW YEAR

from all of us at

WAKO



For those of you that Celebrate Christmas, I wish you a Merry Christmas, for those that don't it is an opportunity to spend time with your family and loved ones. The strength of our team is each individual member of the WAKO Organization, the strength of the WAKO Family is every member of that family, every single one. Thank you for all your support engagement, challenge and resilience over **2020** we have great things to bring to our athletes and our federations in **2021/2022** I look forward to accomplishing this with your engagement and support.

Roy Baker
President WAKO

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